	OCTOBER 2025 EVENTS LIST		
WEDNESDAY 1ST	TECHNOLOGY GROUP – Meet at the Archibald Knox pub, Onchan at 10:30am. Do you have questions on Broadband, streaming, PVR's, Smartphones, PCs and laptops?  Hosts: Keith Glover 817403 Ken Horsley 834656		
THURSDAY 2ND	STRETCH & FLEX at the N.S.C. Douglas, with Liz Corrin 10.00am start		
		Host: David Farrell 622632	
FRIDAY 3RD	TEN PIN BOWLING – Ramsey Bowling Centre 2pm Blyth <a href="mailto:chrisblythiom@gmail.com">chrisblythiom@gmail.com</a>	Host: Chris	
TUESDAY 7TH	RAMSEY COFFEE MORNING – Ramsey Golf Club 10.30am	Host: Nancy Phillips Tel: 461120	
TUESDAY 7TH	WHIST – Onchan Pensioners Hall, Church Avenue 1.30pm Wilkinson Tel: 301255	Host: John	
WEDNESDAY 8TH	RUMMIKUB. Heywood Court, Onchan at 2pm. No need to book, new members always welcome.  Host: Celia Marshal 460965		
THURSDAY 9TH	STRETCH AND FLEX – NSC, with Liz Corrin. 10am start	Host: David Farrell 622632	
THURSDAY 9TH	INDOOR FLAT GREEN BOWLS – 2pm at NSC Douglas. First Se	ssion Host: Neil Corlett 469470	
THURSDAY 9TH	QUIZ NIGHT - Manx Legion, Market Hill, Douglas. 7pm.	Host Ann Cottier 472742	
FRIDAY 10TH	MAHJONG – Mayfield Apartments, Ramsey. 1.30pm.	Host: Isobel Buttery 485928	
MONDAY 13TH	OCTOBER WALK – Scarlett Car Park, Castletown.	Host: Sally Farrell 346239	
TUESDAY 14TH	<b>SOUTHERN COFFEE MORNING</b> – The Garrison, Castletown.	Host: Ann Cottier 472742	
TUESDAY 14TH	WHIST – Onchan Pensioners Hall, Church Avenue 1.30pm	Host: John Wilkinson Tel: 301255	
THURSDAY 16TH	STRETCH AND FLEX – NSC with Liz Corrin 10am		
THURSDAY 1 CTU	INDOOR FLAT CREEN POWER - 2 mm at NCC	Host: David Farrell 622632	
THURSDAY 16TH	INDOOR FLAT GREEN BOWLS – 2pm at NSC	Host: Neil Corlett 469470	
TUESDAY 21ST	WHIST – Onchan Pensioners Hall 1.30pm	Host: John Wilkinson Tel: 301255	
WEDNESDAY 22ND	RUMMIKUB - Heywood Court, Onchan at 2pm.	1103t. John Wilkinson Tel. 301233	
		Host: Celia Marshal 460965	
THURSDAY 23RD	STRETCH & FLEX - at the N.S.C. Douglas, with Liz Corrin 10am start.		
		Host: David Farrell 622632	
FRIDAY 24th	MAHJONG – Mayfield Apartments, Ramsey 1.30pm. New Members welcome.  Host: Isobel Buttery Tel: 485926		
TUESDAY 28TH	DOUGLAS COFFEE MORNING – Looky's Lounge Bar, The Palace, Douglas 10.30am Host: Barbara Mason 437735 Guests are most Welcome		
TUESDAY 28TH	WHIST - Onchan Pensioners Hall. 1,30pm Ho	ost: John Wilkinson Tel: 301255	
WEDNESDAY 29TH	BEETLE DRIVE – Onchan Methodist Church Hall. 2Pm Hosts: Celia Marshal – Ann Cottier		
THURSDAY 30TH	STRETCH & FLEX – NSC with Liz Corran	Host: David Farrell 622632	
THURSDAY 30TH	INDOOR FLAT GREEN BOWLS – 2pm at NSC	Host: Neil Corlett 469470	
FRIDAY 31ST	MONTHLY LUNCH – Ocean Views, Onchan. 12Pm for 12.30	Host: Debbie Lace 413844	

## MONTHLY LUNCHEONS & AT EVENTS THAT SPECIFY GUESTS ARE WELCOME NOVEMBER 2025 EVENTS LIST

TUESDAY 4TH TUESDAY 4TH WEDNESDAY 5TH	RAMSEY COFFEE MORNING – Ramsey Golf Club. 10.30am WHIST – Onchan Pensioners Hall, Church Avenue 1.30pm RUMMIKUB – Heywood Court, Onchan 2pm	Host: Nancy Phillips Tel: 461120 Host: John Wilkinson Tel: 301255 Host: Celia Marshal Tel: 460965
WEDNESDAY 5TH	<b>TECHNOLOGY GROUP</b> – Meet at the Archibald Knox pub, Onchan at <b>Hosts: Keith Glover 817403 Ken Horsley 834656</b>	t 10:30am.
THURSDAY 6TH THURSDAY 6TH TUESDAY 11TH	STRETCH & FLEX - at the N.S.C. Douglas, with Liz Corrin 10am start.  INDOOR FLAT GREEN BOWLS – 2pm at NSC  SOUTHERN COFFEE MORNING – The Garrison, Castletown.	Host: David Farrell Tel: 622632  Host: Neil Corlett Tel: 469470  Host: Ann Cottier Tel: 472742
TUESDAY 11TH THURSDAY 13TH	WHIST – Onchan Pensioners Hall, Church Avenue 1.30pm  STRETCH & FLEX - at the N.S.C. Douglas, with Liz Corrin 10am start.	Host: John Wilkinson Tel: 301255
FRIDAY 14TH	MAHJONG – Mayfield Apartments, Ramsey 1.30pm. New Members	Host: Isobel Buttery Tel: 485926
TUESDAY 18TH WEDNESDAY 19TH	WHIST – Onchan Pensioners Hall, Church Avenue 1.30pm  RUMMIKUB – Heywood Court, Onchan 2pm	Host: John Wilkinson Tel: 301255 Host: Celia Marshal Tel: 460965
THURSDAY 20TH THURSDAY 20TH	STRETCH & FLEX - at the N.S.C. Douglas, with Liz Corrin 10am start.  INDOOR FLAT GREEN BOWLS – 2pm at NSC	Host: Neil Corlett Tel: 469470
TUESDAY 25TH	DOUGLAS COFFEE MORNING – Looky's Lounge Bar, The Palace, Douglas 10.30am  Host: Barbara Mason 437735 Guests are most Welcome	
TUESDAY 25TH THURSDAY 27TH	WHIST – Onchan Pensioners Hall, Church Avenue 1.30pm  STRETCH & FLEX - at the N.S.C. Douglas, with Liz Corrin 10am start.	Host: John Wilkinson Tel: 301255 Host: David Farrell Tel: 622632
THURSDAY 27TH FRIDAY 28TH	INDOOR FLAT GREEN BOWLS – 2pm at NSC  WINTER WARMER - LUNCH - Manx Legion, Market Hill, Douglas 12.30pm  Host: Neil Corlett Tel: 469470	
FRIDAY 28TH	See Website and Islander for details  MAHJONG – Mayfield Apartments, Ramsey 1.30pm. New Members	Host: Ann Cottier Tel: 472742 welcome.

Host: Isobel Buttery Tel: 485926

PLEASE make cheques payable to 'Manx Retirement Association' NOT 'MRA'
PLEASE NOTE: ALL EVENTS ARE FOR MEMBERS ONLY - GUESTS ARE WELCOME TO JOIN US AT
MONTHLY LUNCHEONS & AT EVENTS THAT SPECIFY GUESTS ARE WELCOME